

## OTHER HEALTH PROGRAMS

### 1. **Control of Acute Respiratory Infection Services**

Acute Respiratory Infection is one of the most common causes of morbidity among all ages. This program includes awareness campaign, early diagnosis, treatment and referral to higher medical facility for severe cases.

### 2. **Dengue Control Programs**

The Office is also the Frontliner of Dengue Control Program. Vector control is the sole measure to control Dengue outbreaks and that is through the 4S:

- a. Search and Destroy
- b. Self-protection measures
- c. Seek early consultation
- d. Say NO to indiscriminate fogging (Fogging is only done during outbreaks or clustering of cases)

### 3. **Diarrhea Control Program**

Diarrhea is one on the major causes of malnutrition, morbidity and mortality specially among children. This program includes awareness campaign, early diagnosis and treatment of diarrhea.

### 4. **Leprosy Control Services**

The National Leprosy Control Program aims to ensure early detection and provide treatment to all individuals with Leprosy. Regular follow-up, contact tracing awareness campaign are also emphasized and implemented.

### 5. **Prevention and Control of Lifestyle Related Diseases Program (Non-communicable Diseases)**

Non-communicable Diseases include cardiovascular conditions, chronic respiratory diseases and cancers which are among the top causes of deaths both locally and globally. These diseases are considered lifestyle-related. This program aims to prevent these diseases through community awareness and promotion of healthy lifestyle. In the presence of these diseases, early diagnosis, provision of maintenance, medicines and regular follow-up or monitoring are important.

### 6. **Provision of Child-Care Services**

This program aims to provide child care services in order to achieve better health outcomes from children aged 0-18 years of age thru strict implementation of regular immunizations, exclusive of breastfeeding (0-6 months), conduct of deworming, distribution of Vitamin A and other micronutrient supplements to targeted age groups. Monitoring and provision of special attention to malnourished children/sick children are also one of the focus of the program.

### 7. **Provision of Garantisadong Pambata Program Services**

The first five years of a child is the most crucial phase of growth and development. If not given optimum nourishment, care, protection and attention, the child would be prone to

diseases, thus increasing childhood morbidity and mortality. Garantisadong Pambata aims to harmonize package of health services for children.

**8. Provision of Immunization Services**

The Rural Health Unit/ Municipal Health Office provides free immunization from vaccine-preventable diseases: Diphtheria, Pertussis, Tetanus (DPDT), Hepatitis B, Haemophilus influenza type B, Poliomyelitis, Mumps, Measles, Rubella, and Pneumonia to 0-12 months old.

**9. Provision of Maternal Care**

Maternal Care Services include pre-natal/post-natal consultation, vaccination, supplementation and referral to higher medical facility in cases of complicated pregnancies. Deliveries should be done in BEmONC/CEmONC facilities to ensure safety of the mother and her child. Post-partum follow-up/visit should be within 24 hours and a week after delivery.

**10. Provision of Nutrition Program Services**

Nutrition status surveillance through Operation Timbang (OPT Plus) among 0-59 months old is done during the first quarter of the calendar year. Identified malnourished children are prioritized for food and micronutrient supplementation.

**11. Provision of Safe Motherhood and Family Planning Services**

The purpose of this service is to provide preventive clinical care to all pregnant women before and during pregnancy, before delivery and postpartum.

**12. Provision of Tuberculosis Control Program**

The Rural Health Unit manages an anti-tuberculosis program. The purpose is to identify and treat patients with anti - TB drugs and educate people on the prevention of TB. Medicines are provided free of charge.

**13. Rabies Control Program Services**

The Rabies Control Program aims to prevent Rabies cases through awareness campaign and ensure proper treatment of patients. Initial management is given to the patient then proper referral will be done to the nearest Animal Bite Treatment Center.

**14. Sexually Transmitted Infections (STI) Control Service**

Sexually transmitted diseases are infections transmitted through sexual intercourse. Examples are gonorrhoea, syphilis, Chlamydia, genital warts and Human Immunodeficiency Virus (HIV)/ Acquired Immune Deficiency Syndrome (AIDS). The program consists of awareness campaign, diagnosis and treatment of cases.